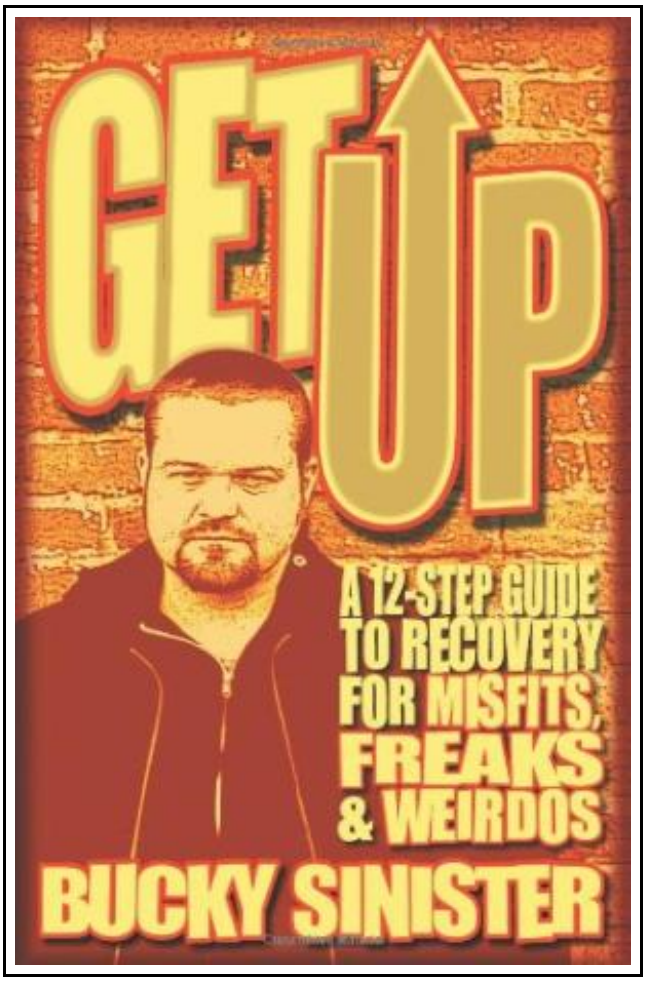
Get Up: A 12-Step Guide to Recovery for Misfits, Freaks, and Weirdos



Filesize: 3.72 MB

Reviews

Very good e book and helpful one. it was writtern quite properly and helpful. I am quickly could possibly get a enjoyment of looking at a composed book.
(Connor Lowe IV)

GET UP: A 12-STEP GUIDE TO RECOVERY FOR MISFITS, FREAKS, AND WEIRDOS

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Conari Press. Paperback. Book Condition: New. Paperback. 169 pages. Dimensions: 8.3in. x 5.4in. x 0.7in.As an atheist with a background in fundamentalism, Bucky Sinister was skeptical of 12-step groups when the time came for him to get sober. He was afraid of losing his artistic abilities and had big problems with the higher power concept. In spite of his hesitations, he stuck with the program and it rewarded him greatly. In Get Up, he shares the knowledge he gained on his journey, from being afraid of the 12-step philosophies to embracing them, motivating others to join him in their own efforts to get clean. Sinister, a spoken word artist, poet, and performer, well-known on the West Coast for his grabbing, truthful, funny performances, puts out his own story, no frills, no excuses, and no holds barred. He offers a tough-love approach to recovery for all those, like him, who are turned off by traditional recovery books. Sinister got sober using the 12-step program, has stayed sober, and now he leads the very group he joined on his path to recovery. In Get Up, he shares the stories and the steps that come from the self-identified scum bags who just might save your life. He talks straight to readers about how to make it work if they cant buy into the program right away. For example, Higher Power can be a whole lot of things-Thor and metaphor among them. He helps readers to accept the group in spite of their differences, rather than walking away. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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