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VEGAN RECOVERY: HOW TO DITCH THE DOGMA THAT HAS MISLED YOU AND FREE YOURSELF TO BE HEALTHY AND HAPPY (PAPERBACK)



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Setting Straight the Vegan Propaganda, Once and For All! Are you a vegan who s considering eating animal foods again, but you re afraid of the consequences? After months or years or even decades on a vegan diet, you ve probably heard all the arguments: that animal products cause heart disease and osteoporosis, that animal agriculture is ruining...

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- Authored by Joey Lott
- Released at 2015

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