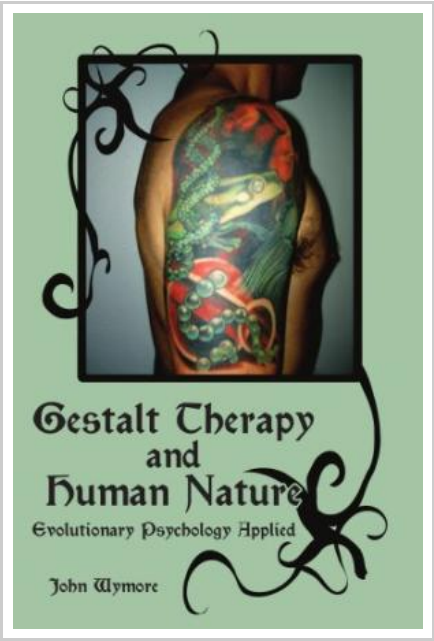


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Gestalt Therapy and Human Nature: Evolutionary Psychology Applied (Paperback)

By John Wymore

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 224 x 148 mm. Language: English Brand New Book ***** Print on Demand *****.No book about Gestalt therapy, or probably any kind of psychotherapy for that matter, has talked about anthropology, ethnology, and cross-species comparison (including vampire bats, ground squirrels, Florida scrub jays, and chimpanzees) as though they were relevant to the enterprise. And, there have been only a few books that have described how Evolutionary Psychology should begin to change the way we conceive of psychotherapy, mental health, and psychopathology. This book treads on relatively new ground for both psychotherapists and Darwinists. Therapists, especially so-called Humanistic therapists, which include Gestalt therapists, will find many of their standard assumptions, about human behavior and life in general, challenged. For example, the teleological view that life has purpose toward perfection cannot possibly be true. This does not mean that humans can t strive for some kind of ideal. Indeed we should and we do. But evolution tells us why this is difficult and why our hopes cannot be pinned on assumptions of innate goodness. We need to understand what humans are really up to in order to achieve a social order that is, well,...

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