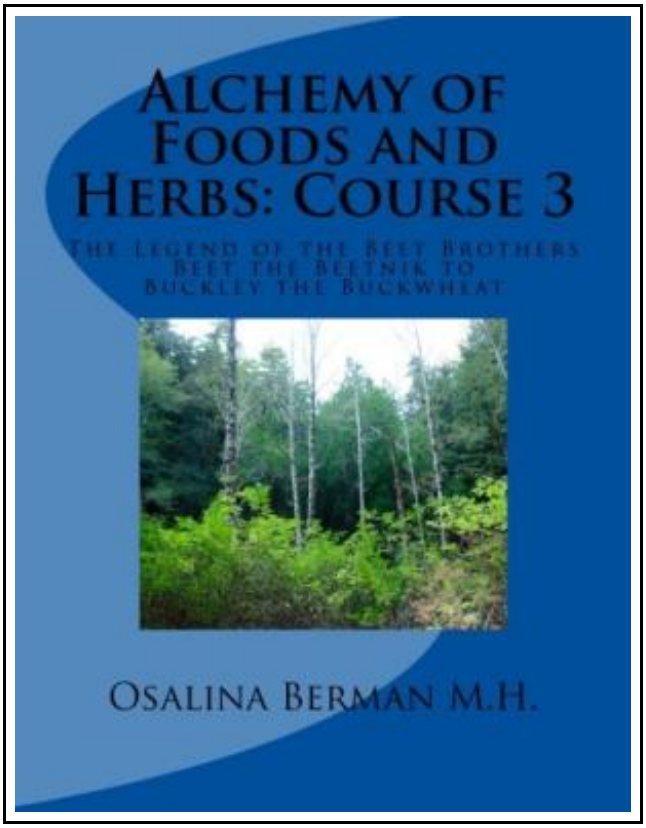
Alchemy of Foods and Herbs; Course 3: The Legend of the Beet Brother: Beet the Beetnik - Buckley the Buckwheat (Paperback)



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Reviews

It in a single of my personal favorite ebook. It really is filled with wisdom and knowledge I discovered this book from my dad and i recommended this book to discover.

(Kyla Goodwin)

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Createspace, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. The Alchemy of Foods and Herbs: Course 3 from Beet the Beetnik to Buckley the Buckwheat is part of a 15 Course Series that started with Course 1: The Alchemy of the 5 Elements as part of The Legend of the Beet Brothers as they study in the College of Alchemy for Plants from the 5 Elements to learn how to heal humans as well as the 5 senses. After graduating they began their journey around the globe interviewing plants and trees from Abbie the Abuta to Zen the Zucchini Course 2: The Alchemy of Foods and Herbs starts with Abbie the Abuta and goes to Beezy the Bee Pollen Queen covering about 55 plants and herbs. Course 3: starts with the Beet Brothers and goes to Buckley the Buckwheat covering about 40 herbs and trees. There will be over 600 herbs covered throughout the 15 courses. Each course is in a story version of adventures as they interview each plant and tree with story, humor and poetry. Each course covers recipes of facial and body supplies, household needs, culinary and medicinal recipes and numerous charts on properties from absorbents to zymotics and uses from abscesses to zygomycosis. It also details the chemistry and nutrients within the charts from acetates to zinc covering hundreds of chemical constituents and nutrients in each course, puzzles, quizzes, charts on Ayurveda, 5 elements, Chakra s and more.

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