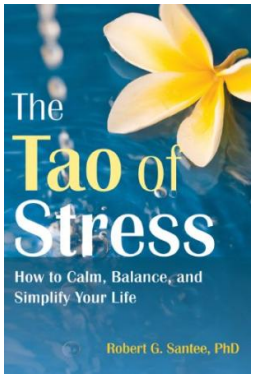
Tao of Stress: How to Calm, Balance, and Simplify Your Life



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